## Silas Mehlape - Right fullback

Date of birth: 08 Mar 1995 / 29 years old
Nationality: South Africa
Represented by:

## AGENT DETAILS

## PLAYER DETAILS

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| Languages: | **English** |
| Last contract: | **No data available** |
| Height / Weight: | **170 cm. / 75 kg.** |
| Position: | • **Right fullback (preferred)**<br>• **Central defensive midfielder**<br>• **Box2Box midfielder** |
| Foots: | **Both_right** |
| Player profile: | I am a 21 year old football player, with 10 years of playing experience. Predominately a Defender, but I am also comfortable in the Center Midfield/Defensive Midfield positions. A proven leader on and off the pitch. My professional attitude towards training and nutrition ensures I keep my body in the optimum condition during the season and throughout the off season. |
| Achievements: | Trophies/Awards Players player of the season, Defender of the season, Player of the season Record 60 games, 18 goals Previous Tournaments Super League Cup 2016 Rand Central Football League (2009, 2010, 2011,2012,2013,2014) Position Left Winger, Centre Midfielder ,Centre Defensive Midfield, Right Back Key Skills/Strengths • Comfortable dribbling with both feet. • Strong upper body with a bench press one rep max of 90kg • Bleep Test score of 12/7 • Ability to shoot and pass off both feet • Average 7.5km travelled per game this season • Strong heading ability with a Standing Jump Test score of 2m • 60m sprint time of 10 seconds • Versatile player (play a number of positions) • Stamina • Strength • Defensive heading • Quick ,with high cardio-vascular levels • 17.9 seconds in the Illinois Agility Test Playing History Player Azzuri Football Club, Present: During my time at Azzuri I have mainly occupied the Central defensive midfield role. I train on and off the field and have a strict diet in order to be a complete athlete. Appearances 5<br><br>Goals 1 Assists 2 Red Cards 0 Yellow Cards 0 Awards 0 Youth Player U13 – U20 Wits Football Club, 2009 - 2015: Throughout my time with Wits Football club I played in a number of positions including, Centre back, left and right wing, attacking midfielder, defensive midfielder and right back. My journey through the development centres to the Football club, it taught me a lot about how to look after my body and how to prepare for games. Appearances 125 Goals 7 Assists 14 Red Cards 0 Yellow Cards 1 Awards 3 School Football Team Greenside High School 2008 - 2013: My football journey started at |

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| | Greenside High School where I became captain of the school's first team. Appearances 62 Goals 4 Assists 5 Red Cards 0 Yellow Cards 0 Awards 3 |
| Other information: | Other Achievements: • Saheti Football Tournament runner up • Saheti Football Tournament third place • Engen Knockout winner • 2010: Player of the season • RCLFA Cup Runners up • U17A Safa League promotion • 2013: Players player of the season • U20 RCFLA promotion • Defender of the season • Cambridge United Football Trials • JJC Soccer Tournament - Runner up • JJC Soccer Tournament - Third place • Player of the season • Defender of the season. • Level 4 Agility Training • Recorded 100 meter in 12 seconds • Super League Cup - Runner up Football Experience: 2016-Player, Azzuri Football Club 2009-2015 Player, Wits Football Club 2009-2014 Player, Greenside High School (Football) 2006-2008 Youth Team Player, Greenside Primary School (Football) Interests: Football, Gym, Reading, Music. |

## CAREER

| Since | Club | Contracts |
|---|---|---|

## MATCH SUMMARY

| Season / Team / Comp | | | T | | | B | | | | |
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