



Hendrik Helmke - Box2Box midfielder

Date of birth: 13 Jul 1987 / 37 years old
 Nationality: [Germany](#)
 Represented by:



AGENT DETAILS



PLAYER DETAILS

Languages:	German, English, Portuguese, Spanish
Last contract expired:	31 Dec, 2019
Height / Weight:	181 cm. / 78 kg.
Position:	<ul style="list-style-type: none"> • Box2Box midfielder (preferred) • Central attacking midfielder • Central defensive midfielder
Foots:	Both_right
Player profile:	Played for Hamburger SV (youth) -GERMANY VfB Lubeck - GERMANY IFK MARIEHAMN - FINLAND TROMSO - NORWAY SABAH FA - MALAYSIA FF JARO - FINLAND ESTEGHLAL FC - IRAN AL AHLY- EGYPT FC LAHTI- FINLAND KPV- FINLAND
Achievements:	Player of the year in Finland 2014 Midfielder of the year in Finland 2013
Other information:	German and Brazilian passport













CAREER

Since	Club	Contracts
Jan 2017	Lahti (Finland)	<i>No professional contracts found for this club</i>
Feb 2014	Jaro (Finland)	<i>No professional contracts found for this club</i>
Aug 2013	Tromsø (Norway)	<i>No professional contracts found for this club</i>
Feb 2013	Jaro (Finland)	<i>No professional contracts found for this club</i>
Jan 2011	Mariehamn (Finland)	<i>No professional contracts found for this club</i>
Sep 2008	Lübeck VFB (Germany)	<i>No professional contracts found for this club</i>
Jan 2015	Al Ahly (Egypt)	<i>No professional contracts found for this club</i>
Nov 2014	Esteghlal (Iran)	<i>No professional contracts found for this club</i>
Mar 2012	Sabah (Malaysia)	<i>No professional contracts found for this club</i>
Jan 2019	KPV (Finland)	01 Jan 2019 - 31 Dec 2019



MATCH SUMMARY

Season / Team / Comp										
2019 / KPV-j / Veikkausliiga	2028'	23	23	0	3	0	4	8	1	0
2019 / KPV-j / Play-offs 1/2	180'	2	2	0	0	0	0	1	0	0
2019 / KPV-j / Suomen Cup	588'	8	7	1	4	0	1	1	0	0
2017 / FC Lahti / Veikkausliiga	2393'	28	28	0	6	0	1	6	0	0
2016/2017 / FC Lahti / Suomen Cup	90'	1	1	0	0	0	1	0	0	0
2014 / Jaro / Veikkausliiga	2758'	31	31	0	2	0	7	6	0	0
2014 / Jaro / League Cup	90'	1	1	0	0	0	0	1	0	0
2013/2014 / Tromsø / UEFA Europa League	341'	5	4	1	2	3	0	2	0	0
2013 / Tromsø / Eliteserien	433'	10	4	6	1	1	0	3	0	0
2013 / Jaro / Veikkausliiga	1863'	21	21	0	2	0	4	6	0	0
2013 / Jaro / League Cup	328'	4	4	0	1	0	0	2	0	0
2011 / Mariehamn / Veikkausliiga	2538'	29	28	1	1	0	2	10	0	0
2011 / Mariehamn / Suomen Cup	360'	4	4	0	0	0	2	0	0	0
2011 / Mariehamn / League Cup	465'	6	5	1	0	0	0	0	0	0
2009/2010 / Lübeck VFB / Regionalliga	1833'	24	21	3	6	0	0	7	0	0
2009/2010 / Lübeck VFB / DFB Pokal	90'	1	1	0	0	0	0	0	0	0
2008/2009 / Lübeck VFB / Regionalliga	1730'	27	20	7	7	0	0	8	0	0