



## Hendrik Helmke - Box2Box midfielder

Date of birth: 13 Jul 1987 / 37 years old  
 Nationality: [Germany](#)  
 Represented by:



### AGENT DETAILS



### PLAYER DETAILS

Languages:	<b>German, English, Portuguese, Spanish</b>
Last contract expired:	<b>31 Dec, 2019</b>
Height / Weight:	<b>181 cm. / 78 kg.</b>
Position:	<ul style="list-style-type: none"> <li>• <b>Box2Box midfielder (preferred)</b></li> <li>• <b>Central attacking midfielder</b></li> <li>• <b>Central defensive midfielder</b></li> </ul>
Foots:	<b>Both_right</b>
Player profile:	Played for Hamburger SV (youth) -GERMANY VfB Lubeck - GERMANY IFK MARIEHAMN - FINLAND TROMSO - NORWAY SABAH FA - MALAYSIA FF JARO - FINLAND ESTEGHLAL FC - IRAN AL AHLY- EGYPT FC LAHTI- FINLAND KPV- FINLAND
Achievements:	Player of the year in Finland 2014 Midfielder of the year in Finland 2013
Other information:	German and Brazilian passport













### CAREER

Since	Club	Contracts
Jan 2017	<b>Lahti ( Finland )</b>	<i>No professional contracts found for this club</i>
Feb 2014	<b>Jaro ( Finland )</b>	<i>No professional contracts found for this club</i>
Aug 2013	<b>Tromsø ( Norway )</b>	<i>No professional contracts found for this club</i>
Feb 2013	<b>Jaro ( Finland )</b>	<i>No professional contracts found for this club</i>
Jan 2011	<b>Mariehamn ( Finland )</b>	<i>No professional contracts found for this club</i>
Sep 2008	<b>Lübeck VFB ( Germany )</b>	<i>No professional contracts found for this club</i>
Jan 2015	<b>Al Ahly ( Egypt )</b>	<i>No professional contracts found for this club</i>
Nov 2014	<b>Esteghlal ( Iran )</b>	<i>No professional contracts found for this club</i>
Mar 2012	<b>Sabah ( Malaysia )</b>	<i>No professional contracts found for this club</i>
Jan 2019	<b>KPV ( Finland )</b>	01 Jan 2019 - 31 Dec 2019



### MATCH SUMMARY

Season / Team / Comp										
2019 / KPV-j / Suomen Cup	588'	8	<b>7</b>	1	4	0	<b>1</b>	1	0	0
2019 / KPV-j / Veikkausliiga	2028'	23	<b>23</b>	0	3	0	<b>4</b>	8	1	0
2019 / KPV-j / Play-offs 1/2	180'	2	<b>2</b>	0	0	0	<b>0</b>	1	0	0
2017 / FC Lahti / Veikkausliiga	2393'	28	<b>28</b>	0	6	0	<b>1</b>	6	0	0
2016/2017 / FC Lahti / Suomen Cup	90'	1	<b>1</b>	0	0	0	<b>1</b>	0	0	0
2014 / Jaro / Veikkausliiga	2758'	31	<b>31</b>	0	2	0	<b>7</b>	6	0	0
2014 / Jaro / League Cup	90'	1	<b>1</b>	0	0	0	<b>0</b>	1	0	0
2013/2014 / Tromsø / UEFA Europa League	341'	5	<b>4</b>	1	2	3	<b>0</b>	2	0	0
2013 / Tromsø / Eliteserien	433'	10	<b>4</b>	6	1	1	<b>0</b>	3	0	0
2013 / Jaro / Veikkausliiga	1863'	21	<b>21</b>	0	2	0	<b>4</b>	6	0	0
2013 / Jaro / League Cup	328'	4	<b>4</b>	0	1	0	<b>0</b>	2	0	0
2011 / Mariehamn / Veikkausliiga	2538'	29	<b>28</b>	1	1	0	<b>2</b>	10	0	0
2011 / Mariehamn / Suomen Cup	360'	4	<b>4</b>	0	0	0	<b>2</b>	0	0	0
2011 / Mariehamn / League Cup	465'	6	<b>5</b>	1	0	0	<b>0</b>	0	0	0
2009/2010 / Lübeck VFB / Regionalliga	1833'	24	<b>21</b>	3	6	0	<b>0</b>	7	0	0
2009/2010 / Lübeck VFB / DFB Pokal	90'	1	<b>1</b>	0	0	0	<b>0</b>	0	0	0
2008/2009 / Lübeck VFB / Regionalliga	1730'	27	<b>20</b>	7	7	0	<b>0</b>	8	0	0